



Cottingham and Middleton News

Autumn 2017

Available online at www.cottinghamnews.co.uk



Welcome to the Autumn issue of the village newsletter.

With the nights drawing in, we're pleased to bring

you details of lots of events happening in and around the villages through to the end of the year. See the back page for details and keep an eye on the village website for the latest information.

Getting the newsletter to your door is a real team effort, and I would like to say a big thank you to **Angela Lord**, who has been distributing the newsletters for many years, even before I took over from Sue Beadsworth in 2004. Angela is moving to Market Harborough, so we wish her well.

So this leaves us with a vacancy! If you are able to help out delivering the newsletters in Stonepit Drive, Millfield and Windmill Close, please contact me.

Jane Smith
Editor

3 Corby Road, tel 770821, email jane@cottinghamnews.co.uk

Next issue
December 2017

Facebook advertising



We have started trialling a limited amount of advertising on the village Facebook page, which now has 449 followers.

Many thanks to Middleton's **Boden Bakes** and **Jenni Taichi** for taking out our first adverts.

The money raised will be used to boost posts for community events so we can get them out to a wider audience.

If you're interested in advertising, please message us at [facebook.com/cottinghamandmiddleton](https://www.facebook.com/cottinghamandmiddleton)

Spread Eagle appeal lodged

An appeal has been lodged against the decision to refuse planning permission to convert The Spread Eagle pub into a house (appeal reference APP/U2805/W/17/3180095).

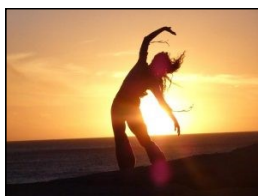
Corby Borough Council will forward any comments made at application stage to the Planning Inspectorate but, if you wish to make additional comments, you need to send three copies to the Planning Inspectorate or comment online through www.planningportal.gov.uk/pcs by **16 October 2017**.

More information is available on the village website or, if you would like to view the appeal documents, contact **Mitesh Rathod** at Corby Borough Council on **464160**, email mitesh.rathod@corby.gov.uk.



Little Meadow planning application approved

At a meeting of Corby Borough Council's Development Control Committee on 12 September, councillors unanimously approved the planning application to vary the conditions of the planning consent granted for Little Meadow to allow for up to four mobile homes to be present on the site at any one time. Permission has been granted on the condition that the site is occupied by the applicant and his family only.



New fitness classes at the Annex

New 'energy fit' classes are starting up at the Village Hall Annex on 18 October and will take place every Wednesday, from 12 noon to 1pm, at a cost of £5 per class.

Instructor Jenni Levine (pictured above) has a background in medicine, energy massage, Reiki and Taichi. In her classes you will shake out, massage, tap, stretch, breathe, relax and balance while learning about posture, mindfulness and how to look after your body. Feel free to pop in, or contact **Jenni** on **07508 656438**, email jenni.levine@hotmail.co.uk

This new class starts up as Emma Bradbury (pictured right), who has been running fitness classes at the Annex for 10 years, moves on to continue instructing in Market Harborough.

The Wednesday Morning Fitness Group would like to send a huge thank you to Emma, who kept them stimulated with new exercises and was always ready to advise and help with any requests they made of her. The Group says you will be sorely missed Emma, and they wish you well.



The Village Store & Café

New on the menu at the Village Store and Café is fresh, tasty soup with a roll, to eat in or take away. For the winter months, the shop will also be introducing beefburgers and cheeseburgers to tickle your tastebuds.

For more information, see the shop's Facebook page at www.facebook.com/cottinghamshop, or contact them on **770097**, email cottinghamshop@gmail.com



Parish Councils



Cottingham

Clerk: Peter Taylor
01536 761752,
5 Headlands, Desborough
NN14 2QA, email
peter.taylor6@btinternet.com

Owen Davison (**Chair**)
David Grayson (**Vice Chair**)
Clive Ashworth
Mike Curtis
John Muir
Tom Russel
George West-Robinson

Next meeting
Wed 1 Nov, 7:30pm
Wed 6 Dec, 7:30pm

www.cottingham-northants-pc.org.uk



Middleton

Clerk: Justina Medwell
01536 771232,
5 Main Street, Middleton, LE16
8YU, email clerk@middleton-northants-pc.gov.uk

Sarah Brant (**Chair**)
Alan Cole (**Vice Chair**)
Barbara Bradshaw
Kate Cross
Tony Freeman
Gina Hicks
Marie Thomas

Next meeting
Tue 17 Oct, 7:30pm
Tue 21 Nov, 7:30pm

www.middleton-northants-pc.gov.uk

Poppy Appeal

Irene Beadsworth has been co-ordinating the Royal British Legion Poppy Appeal in the villages for a number of years, but has decided this will be her last year.

If you would be willing to take on this important role, Irene is happy to guide you on your way, ready for next year. Contact her on **770059**, email irenebeadsworth@gmail.com

See the back page for details of this year's Remembrance Sunday service (13 November).



Scouts learn bushcraft from the best!



The 1st Welland Valley Scout Troop got a real surprise recently when explorer, adventurer and Scout Ambassador Ed Stafford came along to teach them some bushcraft skills.

Ed, who was born in Peterborough and raised in Leicestershire, has earned a place in the Guinness Book of World Records as the first man to walk the length of the Amazon – an epic trek that lasted two and a half years!

He came along to teach the scouts how to make fire using primitive and modern methods, including using Ed's bow drill set which has featured on his Discovery Channel TV

series *Marooned*. "Making fire is a vital skill to move you on from surviving to thriving in the wild," explained Ed. "It not only keeps you warm, it also keeps away animals and means you can process food and clean water."

Ed gave a humorous talk on his Amazon adventure before signing the scouts' neckerchiefs and books, and answering their questions. The troop also received badges renaming them 'Stafford Troop' in honour of their local explorer hero.

Reverse Advent food box challenge

St Mary Magdalene Church invites you to join their Christmas challenge for Corby Food Bank.

The idea is that you fill a box with one non-perishable food item each day during November – the reverse of taking a treat out of your Advent calendar.

"Christmas, for all its treasures, can be a time of enormous stress for families," said organiser Angela Preston-Jones. "No-one in our local community should go hungry and Corby Food Bank plays a vital role in ensuring that those in need get help."

Your filled boxes can be taken along to the Church any time during December, or contact **Kathryne** on randktilley@outlook.com, telephone **07870 101658**. The Church team will ensure that all boxes are delivered swiftly to Corby Food Bank for them to distribute before Christmas.

For more information about Corby Food Bank and the kind of items to include in your boxes, visit their website at www.corby.foodbank.org.uk



Help our hedgehogs

Hedgehogs are now an endangered species and we need to do all we can to protect them.

You may have heard reports that you shouldn't feed hedgehogs in the autumn as it allegedly stops them hibernating. However, the British Hedgehog Preservation Society tells us that this is simply not true. Our spiky friends need the food we put down in the autumn so they can build up their body weight for hibernation. So please keep putting out food (specialist hedgehog food, meaty cat or dog food or complete cat biscuits) and water until it stops disappearing.

And if you're planning a bonfire, please move your rubbish to a different location before burning, as hedgehogs often build their nests under heaps of garden rubbish. For more information, see www.britishhedgehogs.org.uk

Rural police update

Our local Police and Corby Borough Council have been out talking with members of our rural communities and have identified the local rural priorities for October to December 2017 as being parking, speeding and litter.

If you belong to a group that would like to get involved with future engagement activity around the rural priorities, please contact **Suzanne Preston** on **01536 463177** or email suzanne.preston@corby.gov.uk. This is a great opportunity for you to meet with the Council and local Police officers and raise any concerns you may have.



Keep your outbuildings secure

There has been a spate of non-dwelling burglaries in Corby's rural areas recently, the majority as a result of garages being accessed through insecure doors or windows. The Police are asking residents to be vigilant and to take steps to make sure their sheds, garages, outbuildings and vehicles are secure. If you see any suspicious behaviour, call 101 or dial 999 for an emergency.

Here are some useful tips and general crime prevention advice:

- If you don't use your garage, park your vehicle close to the door to prevent access
- Ensure internal doors between your garage and property are kept locked and secure
- Ensure side gates are locked and boundary fencing is in good repair
- Lock all windows and doors, remembering to double lock UPVC doors, and consider fitting security lighting and a burglar alarm
- Keep all keys out of reach and sight from the letterbox (remember a device could be used to hook keys through a letterbox) and don't leave valuables in view of ground floor windows
- Don't leave ladders and garden tools in your garden – lock them away in your shed and out of sight
- Improve natural surveillance at the front of your property, e.g. trim high hedges
- Check your insurance documents for any specific security requirements or upgrades
- Use timer switches to make the property appear occupied
- Get a trusted neighbour to keep an eye on your property



Safe defrosting – don't leave your car unattended

With winter approaching, thieves can target residential areas on cold and frosty mornings looking for cars where the owner has started the engine to defrost the windows and then gone back indoors. Motorists should be aware that some motor insurance policies are invalidated if a vehicle is stolen as a result of keys being left in the ignition. Here are a few tips to ensure you don't give criminals an easy ride:

- If you have a garage, always put the car away at night to keep the car frost free and also out of sight of car thieves
- Always remove keys from the ignition, even if you're just leaving your car for a few moments – that's all it takes for a thief to jump in and drive away
- Cover your windscreen at night before a frost is forecast. This will make it easier to clear the windscreen in the morning
- Ice on cars also means icy roads, making driving more difficult, so allow more time for your journey

Police non-emergency number ☎ 101

Who to contact

Your local Police Community Support Officer is **Joe Devlin** and **Mark Walker** is the PC for Corby and Kettering Rural. Joe is your first point of contact for any police related issues, email joseph.devlin@northants.pnn.police.uk, or you can contact the Council's Rural Pride Officer **Suzanne Preston** (contact details above). To report an incident, please call the Police non-emergency number 101, or dial 999 in an emergency.

Sounds sensational

The Songs from the Shows event at St Mary Magdalene Church in September raised more than £400 for church improvements.



Huge thanks to Kettering Operatic Society's concert party *Sound Sensation*, to Pauline Youngs who masterminded the evening and to all who contributed and attended.

Over 60s Club

The Tuesday afternoon Over 60s Club is unfortunately no longer happening due to lack of interest.

If anyone is interested in starting a new and maybe different type of club for the more mature but young at heart in our community, the hall is still available on Tuesday afternoons.

Please contact **Audrey Ashworth** on **771084**.

Mental health consultation



Northamptonshire Police and Crime Commissioner Stephen Mold has launched a consultation to better understand the experience and interactions that people with mental illness, ADHD and autism have with the police and criminal justice service in Northamptonshire.

For more information, see www.time2listennorthants.co.uk



PC Mark Walker and PCSO Joe Devlin

What's on

For latest events, see
www.cottinghamnews.co.uk

Sat 28 Oct, 6:30pm

Charity Quiz, Village Hall Annex



Come along to Ant Licquorish's 25th Village Charity Quiz – his silver jubilee – in aid of Hounds for Heroes, an organisation that trains dogs to support injured and disabled men and women of the UK Armed Forces and Emergency Services.

Food is provided if you wish, either fish (or chicken) and chips or a vegetarian option. The cost is £10 per person including food or £3 if you want to bring your own. There is no bar, so please bring your own drinks. Doors open at 6:30pm for a 7pm start.

Call Ant on 771062 or email him at ant_the_quizmaster@btinternet.com

Wed 1 Nov, 8pm

Shackleton's Lost Men, Ashley Village Hall



The harrowing story of the men who left from Australia to lay provisions for the explorer's return crossing. Tickets are £4 each. If you'd like to go along, please contact Wendy Martin on 07801 194560 or email wendy10ecp@gmail.com

Fri 4 Nov, 8pm

Bonfire night East Carlton



Come along to East Carlton Cricket Club for the lighting of the beacon at 8pm followed by a fireworks extravaganza.



Sat 12 Nov

Carltonfest, East Carlton

In the spirit of Oktoberfest, Carltonfest 2017 takes place at East Carlton Cricket Club, with a live Oompah band and hot supper. Fancy dress is optional. Tickets are £15 from Adele on 07816 147528.

Sun 13 Nov, 10:45am

Remembrance Sunday



A joint remembrance service between St Mary Magdalene and the Methodist Church is being held at the War Memorial outside the school to honour the men and women who gave their lives in the two World Wars and other conflicts. Everyone is welcome to attend.

The Village Store & Café



**Fri 27 Oct, 4–6:30 pm
Halloween party**

Join in with various games such as Guess the Skeleton's Name, apple dunking, cake decorating and making pumpkin faces.



**Sun 12 Nov, 1–4 pm
Coffee & cake fundraiser**

An event to raise money for the community First Responders, who have been into the shop a couple of times to help customers.



**Fri 24 Nov, 4–7 pm
Tasting day**

Come along to the Village Store to sample produce from local suppliers.

21 and 23 Nov, 6:30 and 7:15pm



Valley Voice Rockingham Castle

The Valley Voice Choir will be singing at the Rockingham Castle

Victorian Christmas event, performing at 6:30pm and 7:15pm on both days. More information on the Castle's website at www.rockinghamcastle.com

Fri 15 Dec, 9pm

Valley Voice, Royal George

The Valley Voice Choir will be out and about spreading some Christmas cheer! They'll be singing at the Manor House residential home on Main Street, Middleton, at East Carlton Cricket Club around 7.45pm and then at the Royal George in Cottingham at around 9pm. Come along, listen and join in with your favourite yuletide tunes.

Sun 17 Dec, 6pm

Carols by candlelight St Mary Magdalene

Carols by candlelight at Cottingham Church with the Valley Voice Choir.

There will also be mince pies and mulled wine. Everyone is welcome.



Useful Contacts

Northants Police 101

Neighbourhood Management Team (Suzanne Preston) 463177, email suzanne.preston@corby.gov.uk

Street Doctor (Northants CC) www.northamptonshire.gov.uk/streetdoctor

Cllr Bob Rutt, Corby Borough Council, 07801 945948 robert.rutt@btconnect.com

Cllr Sandra Naden-Horley, Northants County Council, 07944 213860 SaNaden-Horley@northamptonshire.gov.uk

Down Your Way correspondent for Northants Telegraph, Del Robertson, 07927 179921, delboy639@gmail.com

Village Store and Café, 770097 facebook.com/cottinghamshop

Village Hall Annex
Audrey Ashworth, 771084

Methodist Hall
Lynette Muir, 770094

St Mary Magdalene Church,
Rev Sian Reading, 770237,
sjmr216@btinternet.com

New Village Hall Trust Chair, Pete Bowman, pete@cottinghamnews.co.uk

Clubs and Groups

Cubs and Scouts
Gary Chisholm, 772331

Valley Voice, village choir
Pete Smith,
psmith1309@hotmail.co.uk

Rockingham Forest Wheelers
Norman Needham, 771356

New Cottingham FC
Neil Jarman, 07708 323077

Royal George Golf Society
Norman Golding, 771081

East Carlton Cricket Club
Sally Hitches, 01536 771733

East Carlton Health Walking Group
David Grayson, 772565

Cottingham Car Boot

In August, planning permission was granted for the Cottingham Car Boot Sale on Mill Road to take place on Saturdays, Sundays and Bank Holidays from 1 April through to 31 October.

The events are currently running from 12 noon to 4pm. Call the organiser on 07585 485043 for more information.