



**KEEP THIS LEAFLET SAFE**  
in case you need these details



Northamptonshire  
County Council

# CORONAVIRUS

Important information for residents

**COVID-19 (coronavirus) cases are rising in this area and you and your community are at risk!**

**We need to work together to avoid a local lockdown. We all need to follow these measures:**

- Minimise social contact where you can
- If you have to go out, keep at least 2 metres from others
- Use a face covering in all shops and if you are less than 2 metres from others
- Wash your hands regularly and thoroughly for 20 seconds each time
- If you have coronavirus symptoms, please follow the guidance overleaf

**#NorthantsTogether**



## COVID-19 symptoms include:

- A high temperature
- A new, continuous cough
- A loss or change to your sense of smell or taste

## If you have COVID-19 symptoms:

- Do not go to work. Either work from home or report sick, self-isolate and get a test
- Stay at home, self-isolate and get a test
- Even if you only have mild COVID-19 symptoms, get a test
- If you are contacted by the NHS test and trace service and asked to self-isolate, stay at home for 14 days

## To get a test, either:

- Book online at [www.northamptonshire.gov.uk/testing](http://www.northamptonshire.gov.uk/testing)
- Call **119**
- Home testing kits can also be ordered, subject to availability
- Corby's testing centre is located at James Ashworth VC Square, next to the Corby Cube

POLISH: Ważne informacje dla mieszkańców - [www.corby.gov.uk/covid-19translations](http://www.corby.gov.uk/covid-19translations)  
LITHUANIAN: Svarbi informacija gyventojams - [www.corby.gov.uk/covid-19translations](http://www.corby.gov.uk/covid-19translations)  
ROMANIAN: Informații pentru rezidenți - [www.corby.gov.uk/covid-19translations](http://www.corby.gov.uk/covid-19translations)  
RUSSIAN: Информация для жителей - [www.corby.gov.uk/covid-19translations](http://www.corby.gov.uk/covid-19translations)



For more of the latest local advice  
visit [www.northamptonshire.gov.uk](http://www.northamptonshire.gov.uk)

On social media? Search **#NorthantsTogether** for information and advice from local NHS, Police, District and Borough Councils and other local organisations.

- Information in other formats and languages
- Health advice
- Support for vulnerable people